



MENU

Breakfast served 6:30-10:30

The Denver 5.50

One egg, green pepper, onion, ham, and American cheese on a tomato basil focaccia bun.

The Classic 5.00

One egg, choice of meat, and American cheese on an English muffin.

The Bagel 5.75

Two eggs, choice of meat, and American cheese on a bagel.

Pancakes 6.00

Two pancakes with bacon or sausage and our housemade syrup.

Oatmeal 5.50

Half Oatmeal 4.50

With brown sugar and two sides.
Sides: Raisins, craisin, granola, peanut butter, yogurt.

Fruit + Yogurt Parfait 3.75

Yogurt, mixed berries, and housemade granola.

Bagel 2.00

Choice of cream cheese or cranberry orange spread.

Toast 1.50

White or wheat, lightly buttered.

Salads lunch served 10:30-2



Southwest *seasonal* 10.75

Tomato, onion, black beans, cheddar cheese, corn, tortilla strips, chicken, and southwest dressing.

Cobb 10.75

Ham, turkey, bacon, green pepper, onion, tomato, eggs, cheese, and croutons. Choice of dressing.

Spinach 10.75

Sugared pecans, feta cheese, hard-boiled egg, craisins, bacon, onion, and creamy garlic poppyseed dressing.

Oriental 10.75

Chow mein noodles, almonds, red cabbage, mandarin oranges, chicken, and oriental dressing.

Greek 10.75

Tomato, black olives, croutons, feta cheese, chicken, and greek dressing,

Dressings: Creamy garlic poppyseed, ranch, oriental, greek, southwest, honey mustard, fat-free french, fat-free ranch.

Sandwiches



The Cuban *seasonal* 12.00

Ham, pulled pork, swiss cheese, dill pickles, and tangy mojo sauce on a ciabatta bun. With a side of chips.

Club 11.00

Ham, turkey, salami, cheese, tomato, green pepper, onion, lettuce, and garlic herb mayo. With a side of chips.

Signature Wrap 10.25

Turkey, swiss, sugared pecans, lettuce, and cranberry-orange spread. With a side of chips.

Chicken Salad 10.25

Housemade chicken salad and lettuce served on white or wheat bread, tortilla wrap, or a bed of lettuce. With a side of chips.

Taco Wrap 9.00

Taco spread, tomato, bl beans, green pepper, onion, bl olives, tortilla strips, cheese, lettuce, and chipotle mayo. With a side of chips. Add chicken +\$1.

Spicy Quesadilla 11.00

Pepperjack and cheddar cheeses, tomato, onion, green pepper, chicken, and chipotle mayo. Served with salsa.

Chicken Bacon Ranch Quesadilla 11.00

Cheddar cheese, chicken, bacon, and housemade ranch. Served with salsa.



Soups + Combos

Daily soups

Cup	4.50
Bowl	5.50

Mix and Match Combos

1/2 Sandwich/Salad + Cup of Soup	10.00
1/2 Sandwich or Salad + Bowl of Soup	11.00
1/2 Sandwich + 1/2 Salad	10.00

Sides

Chips	.75
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Kids Meals

Served with goldfish and grapes.	5.25
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Grilled Cheese

PB&J

Cheese Quesadilla

Meat and Cheese Rollup